

Title: Nutrition Care Plans

Purpose

To ensure nutrition care plans are developed adequately for each WIC participant.

Authority

7CFR 246.11

Policy

Each participant will have a care plan which addresses the participant's category and identified nutrition risks as well as the participant stated interests and concerns.

I. Nutrition Care Plan

- A. A formal statement based on the nutrition assessment of nutrition goals and intervention prescribed for a participant.

II. Nutrition Care Plan Development

- A. The Registered Dietitian (RD) is responsible for the development of the nutrition care plan for high-risk participants
 - 1. The [High Risk Table](#) gives a list of the risk codes that qualify a participant as high-risk
 - a. RD referral is required for those risks that qualify a participant as such.
- B. The Competent Professional Authority (CPA) is responsible for developing the nutrition care plan for low-risk participants and following-up on the care plan developed for high-risk participants.
 - 1. Use of risk codes 601 and 702 will ensure priorities are similar (both are high: 1 and/or 2) for breastfeeding mother and infant dyad.

III. A nutrition care plan will include

- A. Documentation of nutrition education provided.
- B. A goal agreed upon by the participant or parent/guardian.
- C. The plan for future intervention.

IV. Goals

- A. Goals will be made on the participant's terms according to their interests. Relate nutrition education to this goal and the participant's nutrition risk codes.